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Looking for a stress-free, fun, family-friendly holiday?

Looking for a child-friendly holiday destination that's great for grown ups? Why not try Austria, the world's newest family friendly holiday hotspot



IVE BEEN driving myself crazy looking for a holiday destination that suits two – let's say for the sake of argument – 'energetic and enthusiastic' kids and two totally exhausted parents.

While researching destinations online I came across Austria. It may not be number one or even rate in your top ten family destinations but it should as this is the land of Kinderhotels, a group of independently owned and

managed hotels that cater especially for babies, toddlers and their often exhausted mums and dads.

Located in the beautiful Austrian countryside, surrounded by lakes and mountains, Kinderhotels say they exude quality, superb service, excellent food and accommodation. As each hotel is owner-managed, they say every family receives a very personal welcome and ongoing level of care and service.

The facilities seem quite outstanding, especially inclusive options There's breakfast,

midday meal, afternoon tea, slap up dinners with full table service, ice cream cones and juice bar for the kids, Hocus Pocus Wizard School for over six year olds, swimming lessons from three months old, specially trained, English-speaking child minders available to look after children from as young as seven days old for up to 60 hours a week, even internet training for over four year olds. Because babies and toddlers can play and explore in a safe and stimulating environment, parents are free to do as little or as much as they please, be it sun-bathing by the pool, having a relaxing massage, enjoying a

ramble, a round of golf or mountain biking. It seems this is a family holiday where the adults really can relax and have a terrific time too. Kinderhotels allow parents to travel light, because almost all baby and toddler equipment is supplied, the hotels are completely baby and toddler proof, from the soft-play areas and age-appropriate toys to the nutritious, balanced meals and secure, child-friendly rooms complete with blackout blinds.

Parents are also supplied with a special monitoring device, which means that once your little ones are sound asleep you can nip downstairs and socialise, safe in the knowledge that the mobile Babyphone will alert you to any disturbance.

Kinderhotels are keenly priced – from as little as £546 for an all-inclusive week's holiday for a family of three – stress-free family holidays set in the natural, unpolluted beauty of the Austrian Alps, full of fun and excitement, a million miles from the hustle and bustle, and yet only a few hours away by air.

For more information check out their website on www.kinderhotels.co.uk.